

Weekends in the Recovery Centre... Join us!



• Est. 2010 •

In
collaboration
with



218 Cowbridge Rd E, Cardiff CF5 1GX
Sat & Sun are now 9am-5pm!

**Supporting
You 7 Days
per Week,
365 Days
per Year!**

- Recovery support, groups, 1:1 support and buddying
- Meet others in or seeking recovery
- Make connections through social activities
- Create new hobbies and interests - you can also volunteer!

What would **you** like on the weekends?

Let us know!



Tel: 07944851050

Email: info@recoverycymru.org.uk

www.recoverycymru.org.uk

