

Group Timetable

CAVDAS Peer Space - 2-10 Holton Rd CF63 4HD

	Monday	Tuesday	Wednesday	Thursday	Friday
AM	10am-12pm Service User Coffee Morning	10am-12pm Women's Group	10.30am-12.30pm Relapse Prevention	11am-1pm NUDGE (5-week prog - Closed) *Starts 12.06.23*	10am-12pm Self-help
PM				2-3pm Support Group	