

Founding and Enduring Principles of Recovery Cymru

We are a
community,
not a
service

Life (and recovery)
happens 365 days
per year, so we are
available 365 days
per year

The Recovery
Cymru organisation
enables 'the magic
to happen', the
community is
where it is at

Our people
are members,
not service
users

We all have
strengths.
Sometimes we can't
always see them.
Recovery Cymru
helps you to see
them

Community,
connection
and social
networks are
key

We are
Member
led

Our activities are
informed by our
members, we respond
to needs and
opportunities

We are
independent
whilst working
closely with
services

We offer a
social learning
environment

We have
a flat
hierarchy

Recovery's
got to be
worth it –
quality of life
matters!