



STRATEGIC AIMS

Recovery Cymru is a peer-led Recovery Community Organisation with three main aims:

To build the recovery community, originating in Cardiff and the Vale of Glamorgan

To raise awareness of overcoming problems with substance misuse, challenging stigmas and discrimination

To partner with others to create environments for recovery

We will do this by focusing on our key areas:

- People
- Voices
- Partnerships



PEOPLE



VOICES



PARTNERSHIPS

(Recovery Cymru Aim 1:
Build the recovery
community, originating in
Cardiff and the Vale of
Glamorgan)

- Grow the Recovery Cymru Community
- Inclusion, equity and diversity
- Develop the Peer Workforce
- Go to the people
- Reach people earlier
- Connecting with the community
- Learning and education
- Celebrate success, sharing hope
- Those affected by another's substance misuse

(Recovery Cymru aim 2: Raise awareness and challenge stigma and discrimination)

- Empower our people to find their voice, recognise their strengths and fight the stigmas within
- Use our platform to share our members' voices
- Share our lessons through Recovery Cymru's expert voice
- Strengthen our public presence and public understanding
- Advocate for change via our policy positions
- Contribute to research and the evidence base

(Recovery Cymru Aim 3: To partner with others to create environments for recovery)

- Train and educate
- Build recovery orientated systems of care
- Influence policy and procedure; be involved in research
- Partner with others to deliver peer support at people's point of need
- Connect with the private sector and other employers
- Develop best practice and create standards for peer support
- Provide opportunities for people with lived experience to help communities thrive